

ONLINE WORLDWIDE

THE BREATH
OF NEW LIFE
RELIEF TODAY. TRANSFORMATION FOREVER.

Ground Yourself For A Powerful Week



Our FREE weekly event supports you in getting grounded, centering and accessing peace. For this Guided Group Meditation, attendance does not require special training, preparation or meditation experience.

Guided Group Meditation
Mondays, 10:00 am Pacific Time

Session Cost: FREE

Join us every Monday morning at 10:00 am Pacific Time for Guided Meditations live online via zoom.

People share this as an awesome way to get their week started in a positive uplifting way. Investing this special time in the beginning of your week helps you to manifest what you truly desire. Attendees tell us they experience feelings that include being centered, grounded, clear headed, more focused, peaceful and energized with a positive attitude for their day and their week ahead. Wonderful!

Attendance does not require special training, preparation or prior meditation experience. We encourage you to set an intention before we begin by asking your heart what you need more of today, or, what miracle you would like to receive.

When we begin, we invite everyone to share their intention verbally or in the Chat, and then I weave all those intentions into the guided meditation.

To Register for A Session,
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CLICK the **Buy Tickets** Button.